



# Suisse Adventure Roundup

## The day of the highest adventures



Well hello there! It's Day 7, we are officially half way through the this amazing adventure and what an amazing day it has been. We have had groups return from their overnight stay on the Bluemlisalp Glacier Tour, we have had groups explore the local valley on mountain bikes, groups jump from extraordinarily heights whilst Canyoning, groups climb up a to exhilarating heights on a Ferrata, and even a group visit to Adelboden adventure park to complete the high ropes course.



# Your stories

## Pictures and stories:

Here are some pictures of the adventures the scouts have been having! Please remember to send in your stories!

### Bluemisalp Glacier Tour

After taking the cable car up to Oeschinensee lake, two groups of the Swiss Adventurers hiked up to the hut based at 2840 meters above sea level where they spent the night in a hut with an amazing view of the glacier

Then after a lovely night rest of listening to Robins snoring, half the group set off at 4 am followed by the rest of the group leaving at 8am went to go and explore the Bluemisalp Glacier taking in the stunning views of the surrounding mountains.

One of the explorers who partook in the trip described the Glacier "Its was a bit cold and the glacier was a bit old".



Our adventurers went canyoning this morning in Interlaken. This involved a series of slides and jumps into the canyon whilst making their way down it. The highest jump was around 9 metres.



### About Suisse Adventure

Run by Hampshire Scouts, the UK's largest Scout County with over 18,000 Scouts aged 4-25 years and 6,000 volunteers, Suisse Adventure takes over 100 young people to Kandersteg International Scout Centre in Switzerland.

### Contributors to this issue:

- Haydn Allen
- Jade Abrook
- Steven Osborn
- First aid team

### Photos to this issue by:

- Robert Felsted
- Oscar Lodge
- Max Duncan

## Mountain bikes

Some of the Swiss Adventurers hired mountain bikes and took them for a ride around Kandersteg, they enjoyed a range of cycling through the village of Kandersteg, up the hills surrounding hills as well as going into the woods for some off-road adventures. As they grouped they climbed up some of the steep roads on the bikes before descending at high speeds back down the road. Including hitting a record of 32Kmh on the speedometer on a flat piece of road.



## Chaligang via ferata and high ropes

Seeking high adventure, nine members of camp took to the rocks to clamber along a Via Ferrata path attached by harness but not limiting the stunning views. With adrenaline racing, it was a great introduction. Later, they visited the Adventure Park in Adelboden to expericne the thrills of multiple zip-lines across the river and high level crossings under the road bridge. And if that wasn't enough, they stepped off the bridge into the unknown with only a line to slow their descent.



## Media Updates

### Google Drive!

Another way to tell us your stories and share your media.

To get involved, scan this QR code which will take you to Google Drive where you can upload all the photos that you have taken. This is so that we can use them to post on social media and use them in future additions of Suisse Adventure Roundup!



# Puzzles

## Brain Teaser

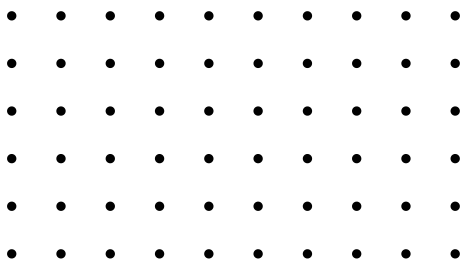
1 First, I threw away the outside and cooked the inside. Then I ate the outside and threw away the inside. What did I eat?

2 What I can see once in a minute, twice in a moment, and never in a 1,000 years?

3 Which tire doesn't move when a car turns right?

## Dots and boxes

Play with a friend, take it in turns to draw a line between two dots. If you get to complete a square, put your initials inside and earn a point.



## More or Less

Is the answer to these teasers more or less?

1 Are there more or less houses than cars in the UK?

2 Are there more or less than 2 million ants for every person on earth?

3 Is the world record for keeping a pair of ferrets in your pants more or less than 6 hours?

## Find the rhyme

1 Actress from 'kill Bill' at a talk by a member of the clergy

2 Classical musician and former Hearsay ember trimming the lawn

3 Animated clay penguin from Switzerland prevents a rebel group taking over a country

## Sudoku

Fill in the grid using the numbers 1-9.

Each number should only appear once in every square, row and column.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 |   | 4 | 9 |   | 1 | 7 |   |   |
| 7 | 5 | 2 | 3 |   |   |   |   |   |
| 3 |   | 1 |   | 6 |   |   | 8 | 5 |
|   |   |   |   |   | 2 |   |   | 4 |
| 4 |   |   | 5 | 7 |   | 8 | 1 | 3 |
| 9 |   |   | 4 |   |   |   |   |   |
|   |   |   | 7 | 2 |   | 6 |   | 8 |
|   |   | 7 |   |   | 6 |   | 2 |   |
| 2 |   | 8 | 1 | 9 |   |   | 4 |   |

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## Word Search

It is super hot! Please make sure you are drinking AT  
LEAST 3 litres EVERY day

The first aid team have made this word search for you,  
how many symptoms of dehydration can you find?

# Symptoms of dehydration

Q W E R T Y U I O P A S D F  
G H T J K L D R Y M O U T H  
Z X H C V B N M Q W E R I T  
Y U I I O P A S C D F G R H  
D A R K Y E L L O W W E E Q  
J K S L Z X C V N B N M D W  
E R T T Y U I O F P A S D F  
G H Y J N O T H U N G R Y K  
L Z X C V B N M S Q W E R T  
Y H E A D A C H E U I O P A  
S D F G H J K L D Z X C V B  
B A D B R E A T H N M Q W E

# Your Notice Board



## What's happening tomorrow?

### Activity - Start Time

Chaligang Via Ferrata and adventure park - 8.00 am

Jungfrau and Eiger day trip - 7.00 am

Canyoning Advanced - 8 am

Ueschinen hut hike and climb - 13.45









\*All activities will be meeting at the compass, unless told otherwise

Monday:

Messenger of peace BBQ  
On Monday as a contingency, we are going to be attending the Messenger of peace BBQ outside the Chalet.

This will give you a chance to meet new friends from all around the world.

## Weather

|  |   | Today   |   |
|--|---|---|---|
| AM   | PM  | Highs   | Lows  |
|  |  |  <b>25</b> |  <b>12</b> |
|  |   | Tomorrow  |   |
|  |  |  <b>24</b> |  <b>10</b> |

## Feeling sick, or vomiting

If you're vomiting (and / or have diarrhoea) it could be a viral illness.

A viral illness can be contagious, and we don't want lots of people being unwell.

Let your sub-camp leader, or the First Aid team know.

First Aid have a few beds for use as an isolation unit until you're better.

To reduce the risk of catching D&V wash your hands frequently.

## Quotes of the day

- "I'm not running late, I'm just still on UK time"
- "I'm thinking"
- "I've spread my sperm around the world"

Please send any quotes you hear to the [Hampshirescouts\\_](#) Instagram

From the media and comms team, we are going to have to issue an apology to the wonderful first aid team. After their hard work contributing to the artical with quotes, notes and word searches, we forgot to credit them in the contribution list.

We are very sorry and this will not happen again!

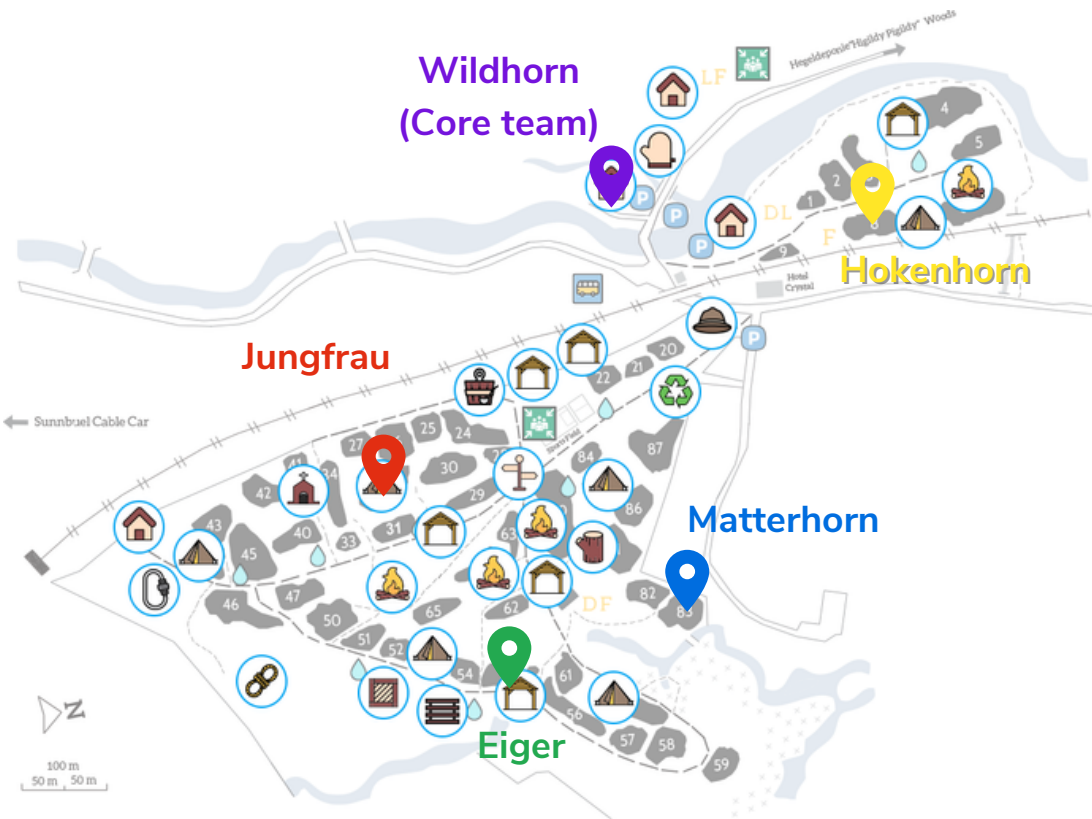


**Meet new friend  
Suisseanna, Eigerlina!**

Brain teaser: 1)Corn on the cob, 2) The letter M 3) The spare tire

Find the Rhyme: 1)Uma Thurman listening to a sermon, 2) Myleene Class mowing grass 3) Pingu stops a coup.

More or Less: Less; Less; Less



Points of interest



- |  |                |  |                  |
|--|----------------|--|------------------|
|  | Abseiling      |  | Campfire         |
|  | Campsite       |  | Chapel           |
|  | Crate Stacking |  | Crossroad Sign   |
|  | Guest Kitchen  |  | House, Lodge     |
|  | Jacob's Ladder |  | KISC Building    |
|  | Office         |  | Recycling Centre |
|  | Sauna          |  | Wood compound    |
|  | Zip Wire       |  |                  |

Road signs

- |  |               |  |                          |
|--|---------------|--|--------------------------|
|  | Street        |  | Path                     |
|  | Main Path     |  | Railway                  |
|  | Kander River  |  | Nature Reserve           |
|  | Campsites     |  | Water Tap                |
|  | D Drying Room |  | L Guest Laundry          |
|  | F Fridge Room |  | Emergency Assembly Point |