



## Suisse Adventure Roundup

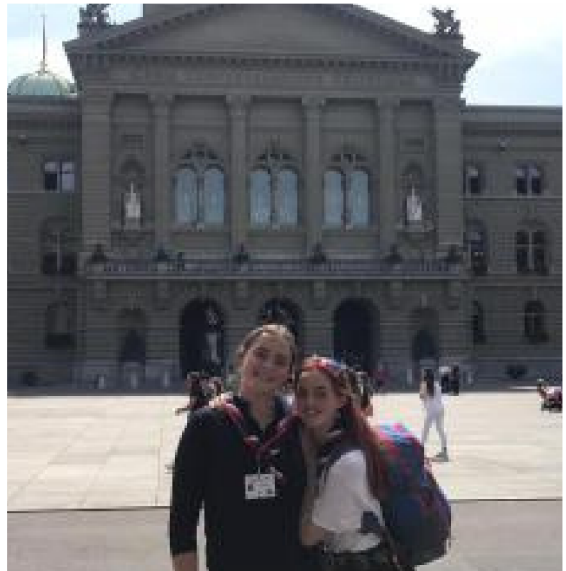


# Capital job!

OUR first Scout expedition to the capital city of Switzerland has been completed!

Bern, home to Bears, sights and shops, was the destination for Eiger sub-camp who led the way on their day trip today.

Whether it was being a proper tourist and shopping in the many stores on offer or simply exploring the medieval town that sits at the heart of this country all had a good time. More sub-camps are visiting tomorrow, what will they find?



## Racing the rapids on a raft.



FOR the first time this season, adventurers from Matterhorn and Hokenhorn took on white water rafting down the Lüttschine River.

The rapids (grades 3 to 4) are considered to be some of the best in Switzerland and were an amazing introduction for many of them.

Decked out in wet-suits and prepared for the beautiful weather all enjoyed a exhilarating trip, working together to reach the finish line, paddling all the way.

Our adventurers returned saying that they thoroughly enjoyed the race down the rapids and would highly recommend for future adventurers to attempt. Good luck to the other sub-camps!

## Relaxing along the river.

### About Suisse Adventure

Run by Hampshire Scouts, the UK's largest Scout County with over 18,000 Scouts aged 4-25 years and 6,000 volunteers, Suisse Adventure takes over 100 young people to Kandersteg International Scout Centre in Switzerland.

### Contributors to this issue:

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IN the gorgeous sun, some of our adventurers floated down the River Aare in relaxing rubber tubes.

The river tubing started in the city of Thun and ended in the capital city of Bern.

It was a lovely way to see the countryside and as some discovered they weren't as steady as they appeared! A great way to cool off in the sun , enjoyed by all.



# Flat by Swiss standards

AFTER a short minibus ride up, a group of our adventurers took a walk down the Gasternal valley along the River Kander yesterday.

Despite being billed as a 'flat' easy walk, this was only flat by Swiss standards as the group enjoyed the sight of magnificent waterfalls and stunning valleys from their vantage points.

It was a perfect moment to play Eco I-Spy as all the mountains charted the history of the valley and their many layers as they got steeper and higher as the walk neared its end.

## Diving into world culture

CARRYING the torch from their friends, more young people have been getting out and exploring Swiss Culture and about Scouts around the world.

Some of our adventurers took advantage of the trip to Bern to try some Swiss cuisine. Looks yummy!

A few have also made good friends with some Scouts from the Netherlands camp. From when they met to when the Dutch left, fellow Scouts spent their evenings talking about what life's like in each of our countries such as school employment, going out, opportunities as well as pop culture.

They also introduced them to a couple of games such as subjective guess who while teaching a couple of basic words such as Goedemorgen (Good morning) and Hartelijk bedankt (Thank you)



# Puzzles

## Brain Teaser

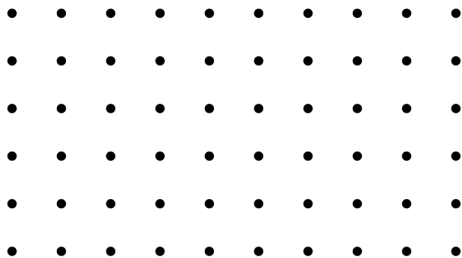
1 You walk across a bridge and you see a boat full of people, yet there isn't a single person on board. How is that possible?

2 Beth's mother has three daughters. One is called Laura, the other one is Sarah. What is the name of the third daughter?

3 What's full of holes but still holds water?

## Dots and boxes

Play with a friend, take it in turns to draw a line between two dots. If you get to complete a square, put your initials inside and earn a point.



## More or Less

Is the answer to these teasers more or less?

1 Are there more or less sheep than cattle in the world?

2 In our solar system more or less than 10 Billion years old?

3 Was the length of the tallest giraffe recorded (5.8M) More or less than the longest crocodile?

## Find the rhyme

1 'X-men' star with blades in his hands is consuming a legume

2 Former Newcastle United and England captain is approaching from afar

3 'Life stories' host and ex-Mirror editor making music in church

## Sudoku

Fill in the grid using the numbers 1-9.

Each number should only appear once in every square, row and column.

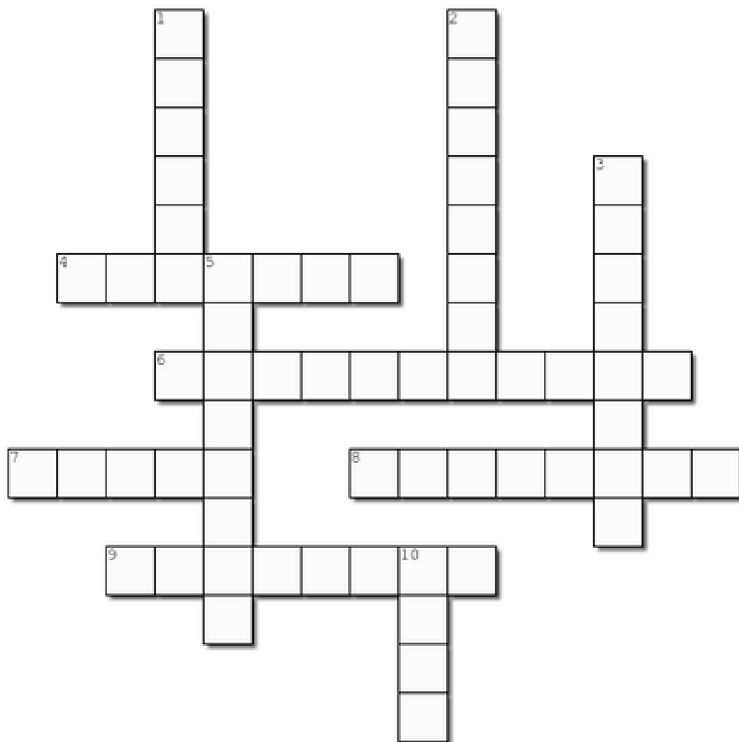
6		3			1	5	8	4
1		5	7	8				2
						1	9	
8		2	5			7		
	1	9		7		6		
5	6					8	2	
	8		2				5	6
				6	8	2	7	3
					9	4		

## Crossword

The Eco Award, High Adventure Award and the KISC Challenge all mention the 7 Leave No Trace principles. But how well do you know them?

Here are some statements based on them.

Name: \_\_\_\_\_



Created using the Crossword Maker on [TheTeachersCorner.net](http://TheTeachersCorner.net)

### Across

4. Plan Ahead and ...
6. Be \_ of other visitors
7. \_ what you find.
8. Observe wildlife from a \_
9. Respect \_

### Down

1. Walk \_ file
2. Minimise \_ impacts
3. Travel and camp on \_ trails and campsites
5. Dispose of Waster \_
10. Never \_ animals and keep your food and rubbish secure

# Your Notice Board

## What's happening?

### Activity

Aare Tubing

Bern Day trip (Matterhorn and Hokenhorn sub-camps only)

Gasternal Hike

Lütschine River Rafting

\*All activities will be meeting outside the Chalet unless told

## Send your stories

This is so that we can use them to post on social media and use them in future additions of Suisse Adventure Roundup! Plus pictures and videos may be used for the closing ceremony.

### Google Drive:

To get involved, scan this QR code which will take you to Google Drive where you can upload all the photos that you have taken.

Email: [suissemedia@hampshirescouts.org.uk](mailto:suissemedia@hampshirescouts.org.uk)

Message: on social media



Have you completed one of the KISC Badges?

7pm Friday is the last chance to let your leaders know and demonstrate to them which ones you have completed



## Weather

Today

AM

PM

Highs

Lows



18



12

Tomorrow



17



11

Forecast from the First aid team: Snow (Just like it has been all week)

## Quotes of the day

- "I spy with my little eye, something beginning with S.... Cyclist"
- "I don't want to be an abandoned piece of metal"
- "There's a streak of Karen in me"
- "Oh you're real, I thought you were a hologram"
- "Mind the poop"



## Happy 28th Birthday Steven!

Steven who is one of the sub-camp leaders for Hokenhorn is celebrating his 28th birthday today. Please make sure you wish him in the most embarrassing way that you can! (Please make sure you also film it and send it to the media team). If you have the pleasure of joining Steven along with Network in Bern, please make sure that everyone is aware that it is his birthday! (Great photo of Steven from 12 years ago aged 16)

## Do you want to influence the future of Scouting?

Hampshire Scouts is running a youth council on the 10th-11th September 2022 where you can come along, complete some adventure activities as well as express your views on all things Scouting.

To find out more and how to sign up, speak to your sub-camp leaders

**Yesterday Pam from the catering team celebrate her birthday!**

**Thank you so much for all your hard work and we hope you enjoyed your Birthday!**

Brain teaser: 1)All the people on the boat are married , 2)Beth. 3) A sponge.

Find the Rhyme: 1)Wolverine eating a bean, 2)Alan Shearer is getting nearer, 3)Piers Morgan playing the organ.

More or Less: Less; Less; Less

Crossword: 1. Single; 2. Campfire; 3. Existing; 4. Prepare; 5. Properly; 6. Considerate; 7. Leave; 8. Distance; 9. Wildlife; 10. Feed

## 1. Plan Ahead and Prepare

- Know the rules, prepare for any weather and go in smaller groups to reduce the impact.

## 2. Travel and Camp on Durable Surfaces

- Durable surfaces include maintained trails and designated campsites, rock, gravel, sand, dry grasses or snow. Use existing trails and sites, walking single file and keeping campsites small. In pristine areas, spread out to avoid creating a campsite.

## 3. Dispose of Waste Properly

- Check campsites and rest spots for any food or rubbish left behind and take it with you. Use toilets where possible, otherwise dig deep catholes. Don't wash near streams or lakes.

## 4. Leave What You Find

- Preserve the past: examine, photograph, but do not touch cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.

## 5. Minimize Campfire Impacts

- Use a lightweight stove for cooking and enjoy a candle lantern for light rather than a campfire. Where fires are allowed, keep them small and use established fire rings, fire pans, or mound fires. Burn all wood and coals to ash, put out campfires completely, then scatter cool ashes.

## 6. Respect Wildlife

- Observe wildlife from a distance. Never feed animals and keep your food and waste secure.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

## 7. Be Considerate of Other Visitors

- Respect other visitors, be courteous. Yield to other users on the trail and take breaks off the trail. Avoid loud voices and noises.