



## Suisse Adventure Roundup



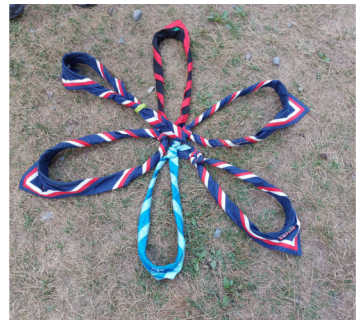
# French friendships flourish!

HAMPSHIRE Scouts from all sub-camps have been making new friends from across the UK and the world!

With Scouts coming and going every day there have been many to meet and learn traditions about. The highlight for many was the Messenger of Peace BBQ, hosted by Kandersteg recently, where Explorer Scouts in particular got very friendly with Scouts and Guides from France.

With sharing of neckers and badges, singing Let it Go among other karaoke tunes and dancing with each other it was a night they won't forget.

Outside of the BBQ night, Scouts have been working for their International Friendship challenge by meeting others across the site, exchanging stories on activities and making memories together - even if that is beating them at football and singing Sweet Caroline!



In the name of International friendship, Scouts have been meeting other groups from around the site. This KISC snowflake has been made from neckers from other camps.

# Your stories

## Scouts in the sky!

Our older adrenaline junkie Scout Network members took on a thrilling new activity: paragliding. After taking in the stunning views as they climbed up in the Allmenalp cable car, the adventurers launched themselves off into the air.

The adventurers took a flight around the rockface whilst taking advantage of the warm weather to gain height, and taking in the wonderful views of the valley below.

This is all before they descended, spiralling and diving down towards the ground before coming into land so that they could watch some of their fellow adventurers take on the challenge.

Exhilarating, calming, awesome, brilliant and amazing. Just some of the words used by the Scouts!

Here are some pictures of the adventures the scouts have been having! Please remember to send in your stories!



## He's having a scarf!

ONE Explorer Scout has been spending his camp collecting as many neckers (and memories) as possible!

Max from Matterhorn has collected over twenty neckers so far, swapping local neckers from around Hampshire with other neckers from around the world! Each with a story to tell, it's a testament to his ongoing spirit!



### About Suisse Adventure

Run by Hampshire Scouts, the UK's largest Scout County with over 18,000 Scouts aged 4-25 years and 6,000 volunteers, Suisse Adventure takes over 100 young people to Kandersteg International Scout Centre in Switzerland.

### Contributors to this issue:

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## Gfellalp hut hike and climb

THESE adventurers took the opportunity to hike up to the Gfellalp mountain hut for an overnight stay. Whilst there, they were taught the skills on how to climb, before they challenged themselves with putting the skills into action with rope climbing.

After a good night's sleep, in the morning they walked to Selden and then through the valley to Herimritz before stopping for lunch.



## Aare River Rafting

SOME of our adventures went rafting yesterday down the Aare river. The rafting took them between the towns of Thun and Bern, allowing them to take in the breathtaking alpine scenery. The water had gentle rapids which were successfully and comfortably navigated with the help of the professional raft guides. This was a calming activity as preparation before they take on white water rafting later this week.

## Choc and cheese delights

TASTY treats were on offer after a scenic coach journey through the Swiss countryside to Broc.

The group took a tour around the Cailler chocolate factory, learning about how Swiss chocolate is made before a taste test.

This was followed by venturing to the famous Gruyère Cheese factory, find out about the delights of its manufacture and sampling a selection.



## SPLASHDOWN - great for keeping cool!

Whilst some of the adventures have had free days some of them have taken a trip to the village swimming pool.

At the pool, the adventures have put their diving skills to the test on the 8-meter springboard, zoomed down the waterslide and chilled out in the Jacuzzi.

This was a nice way for them to cool down in the warm weather that we are experiencing currently.



# Puzzles

## Brain Teaser

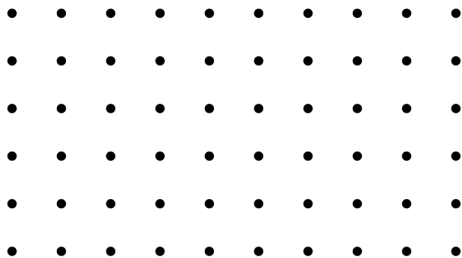
1 Railroad crossing, watch out for cars. Can you spell that without any Rs?

2 Two mothers and two daughters went out to eat. Everyone ate one burger, yet only three burgers were eaten in all. How is this possible?

3 How many seconds are there in a year?

## Dots and boxes

Play with a friend, take it in turns to draw a line between two dots. If you get to complete a square, put your initials inside and earn a point.



## More or Less

Is the answer to these teasers more or less?

1 Is the width of the planet Pluto more or less than the width of the United States?

2 Is the world record for the longest note ever recorded on the Saxophone more or less than 8 minutes?

3 Are there more or less than 20,000 schools in the UK?

## Find the rhyme

1 The Terminator is pleading for money

2 Expensive Welsh footballer in the same place as Jonah

3 Actress who consciously uncoupled from Chris Martin of Coldplay singing an annoying song from 'Frozen'

## Sudoku

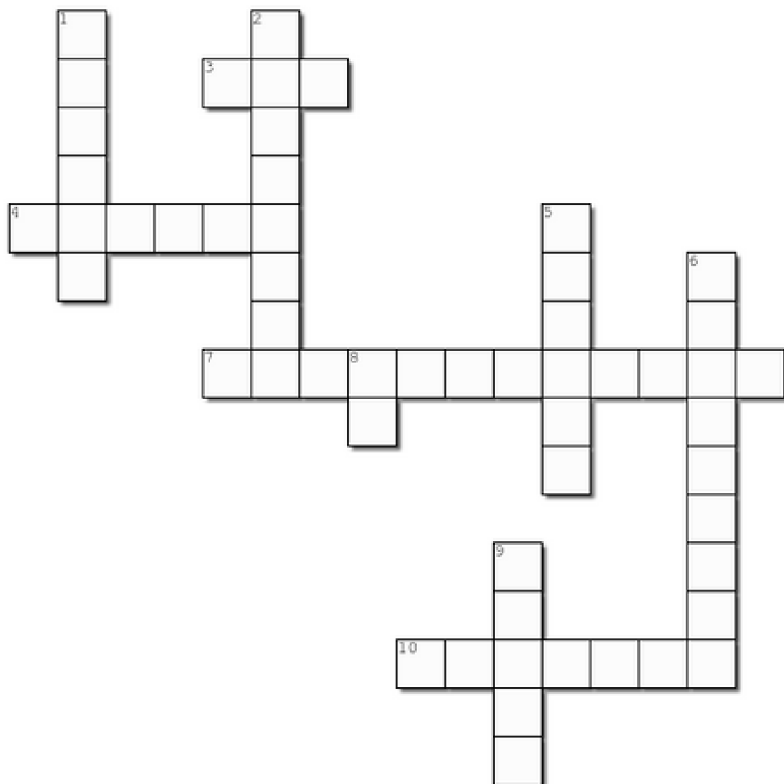
Fill in the grid using the numbers 1-9.

Each number should only appear once in every square, row and column.

		4		3	9	6		2
				4	7	1		
9	3			2	6		7	8
4		7	3	1	2	8		9
			9			5	3	
6	9	3	7	5				
			6			7		
				8	1	3	4	6
		6						

## Crossword

Time is running out to earn your badges. This crossword is themed around the Swiss Explorer Award. (Let your sub-camp leader know before tomorrow evening if you are working towards it!)



Created using the Crossword Maker on [TheTeachersCorner.net](http://TheTeachersCorner.net)

### Across

3. Over 20 species at KISC apparently
4. Traditional Swiss Meal, melted cheese served from a pot.
7. One of the Alpine lakes, with a German name, near to Kandersteg
10. Goat-like animal which can be found in the hills nearby.

### Down

1. A mammal that lives in the hills, like a gopher
2. Traditional Swiss Meal, melted cheese served with potato.
5. Found on the edge of Kandersteg near the end of the main road
6. Swiss National Flower
8. The latin name for Switzerland is Confoederatio Helvetica, often shortened to...
9. Wanderweg translates roughly as...

# Your Notice Board

## What's happening?

### Activity


Aare Tubing

Bern Day trip (Eiger sub-camp only)

Gasternal Hike


Lütschine River Rafting

\*All activities will be meeting outside the Chalet unless told



**There is only one more day for you to be able to sign off any of the KISC challenge badges**

**For more info speak to your Sub camp leader!**



## Send your Videos!

We are making an end of Swiss Adventure of video, and we need your help! We need you to upload any video that you have so we can use them!









### Google Drive:

To get involved, scan this QR code which will take you to Google Drive where you can upload all the photos that you have taken.

Email: [suissemedia@hampshirescouts.org.uk](mailto:suissemedia@hampshirescouts.org.uk)

Message: on social media

## Weather

		Today	
AM	PM	Highs	Lows
		 <b>25</b>	 <b>12</b>
		Tomorrow	
		 <b>24</b>	 <b>10</b>

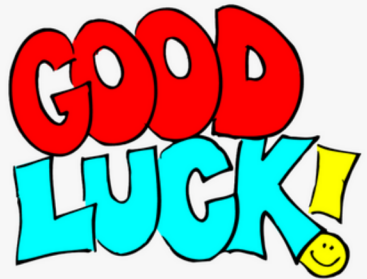


## Quotes of the day

- "I hear you are getting rid of King Boris" said a Swiss villager.
- "I've decided I don't like orange with my tea"
- "I can make room for crumble"
- "THAT WAS AWESOME"
- "You snoring isn't subtle I'm afraid."



Caption this:



## Alton Towers Trip!

On 8th October 2022 Hampshire Scouts Explorers are running a trip to Alton Towers to celebrate Explorers 20th Birthday. If you want to find out more speak to your sub-camp leaders!

## Good Luck to anyone who is getting results tomorrow!

If you are receiving results and you need to access them online, or just want a quiet space to sit and receive the results, come to the Sunneblick and we can sort you out with a connection or a quiet space.

If you need any help or support with anything else come and speak to someone in the Sunneblick, they will be happy to help you in any way that they can!

Brain teaser: 1)T-H-A-T , 2)They were a grandmother, mother, and daughter 3) Twelve. Jan. 2nd, Feb. 2nd, March 2nd...

Find the Rhyme: 1)Arnold Schwarzenegger is a beggar, 2)Gareth Bale inside a Whale, 3)Gwyneth Paltrow singing 'Let it go'.

More or Less: Less; more; More

Crossword: 1. Marmot; 2. Raclette; 3. Bat; 4. Fondue; 5. Museum; 6. Edelweiss; 7. Oeschinensee; 8. CH; 9. Trail; 10. Chamois

# The 7 Leave No Trace Principles

## 1. Plan Ahead and Prepare

- Know the rules, prepare for any weather and go in smaller groups to reduce the impact.

## 2. Travel and Camp on Durable Surfaces

- Durable surfaces include maintained trails and designated campsites, rock, gravel, sand, dry grasses or snow. Use existing trails and sites, walking single file and keeping campsites small. In pristine areas, spread out to avoid creating a campsite.

## 3. Dispose of Waste Properly

- Check campsites and rest spots for any food or rubbish left behind and take it with you. Use toilets where possible, otherwise dig deep catholes. Don't wash near streams or lakes.

## 4. Leave What You Find

- Preserve the past: examine, photograph, but do not touch cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.

## 5. Minimize Campfire Impacts

- Use a lightweight stove for cooking and enjoy a candle lantern for light rather than a campfire. Where fires are allowed, keep them small and use established fire rings, fire pans, or mound fires. Burn all wood and coals to ash, put out campfires completely, then scatter cool ashes.

## 6. Respect Wildlife

- Observe wildlife from a distance. Never feed animals and keep your food and waste secure.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

## 7. Be Considerate of Other Visitors

- Respect other visitors, be courteous. Yield to other users on the trail and take breaks off the trail. Avoid loud voices and noises.